



Step-by-step plan

Get insight into your pension at J&J Pension Fund OFP

It is wise to have insight into your pension. It helps you to know where you stand financially, now and in the future. You can also see what additional options you have to supplement your pension.

Or perhaps you can already start planning confidently for the future. **Get insight into your pension!** Follow the 9 steps below so you know where you stand.

1



Click on *My pension* at the top right of the website of J&J Pension Fund OFP.

[My pension →](#)

2



Log in securely using your username and password. If you do not yet have an account, create a new account using your membership number. [Instructions on how to create an account can be found in the 'Create account' drop-down menu on the 'Provide Email Address' page.](#) The MFA manual can also be found [here](#).

[Create Account →](#)

3



Click on *'Pension Planner'* at the top right of the navigation bar, and then on **'Open Pension Planner'** at the bottom.

4



Under the graph, enter your desired choices to see what this means for your pension. [The standard retirement age for a J&J Pension Fund OFP pension is 68. You can choose to retire 10 years earlier or 5 years later, exchange pensions or receive a higher pension first and a lower pension later, or a lower pension first and a higher pension later.](#)

5



Add any pension accrued with other employers under the second tab **'Variable pension benefit, pension with other employers and additional savings'** to get a total overview of your pension. For an overview of all your accrued pension, go to [Mijnpensioenoverzicht.nl](#) and log in with your DigiD.

[Mijnpensioenoverzicht.nl →](#)

If you were employed before 1 January 2015, in addition to your (basic) pension scheme with J&J Pension Fund OFP, you will have accrued additional pension. This pension is administered by Centraal Beheer PPI and can be added under the 2nd pillar.

[Read about the supplementary scheme →](#)

6



Under *'Years abroad and own savings (third pillar)'* click on **'Your additional savings products'** and add any amounts you have saved yourself, such as any annuity/annuities you may have.

7



Move your mouse over the different bars in the graph to see the annual amounts for each year. Below the graph you can select gross or net for your retirement pension or partner pension.

8



You can also view your annual Uniform Pension Statement (UPO). You can find more information on this on the UPO page.

[Find out more about the UPO →](#)

9



If you have questions about your pension or pension amounts, please contact us. We would be happy to help you get even more insight into your pension.

[Contact us →](#)